

SESSION CALENDAR

MAY 2017

SU	MO	TUE	WE	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

JUNE 2017

SU	MO	TUE	WE	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24

JULY 2017

SU	MO	TUE	WE	THU	FRI	SAT
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

GYM CLOSED JULY 2-9, 2017

AUGUST 2017

SU	MO	TUE	WE	THU	FRI	SAT
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26

THE GYM-NEST

GYMNASTICS & CHEERLEADING



1414 SE 18TH AVE. #100
HILLSBORO, OREGON 97123

PHONE 503-640-6378

FAX 503-640-1029

INFO@THEGYM-NEST.COM

WWW.THEGYM-NEST.COM



The Gym-Nest Ltd. is proud to be the only gym in Oregon to offer the Fun & Fit Gymnastics Program!

The Fun & Fit Gymnastics Program is a non-competitive, recreational gymnastics program designed to help children define winning as "my personal best" as opposed to the traditional competitive definition of "being better than everyone else." By redefining winning to allow every student the opportunity to achieve a victory, self-esteem is raised and the gym environment becomes more positive.

Placement in the Fun & Fit Gymnastics Program is based on a FREE trial class. These classes are done on an appointment basis and will be conducted before students are enrolled in on-going classes.

Bi-monthly skill checks will assist students and parents to track progressions based on the Fun & Fit level criteria. The curriculum Poster Reward System has been developed to provide students with rewards and incentives for learning new skills and to provide parents a simple way to monitor the student's progress.

The Fun & Fit Gymnastics Program allows The Gym-Nest Ltd. to continue providing the community with the best level of service possible!

PAYMENT POLICIES

- Class fees are based on four (4) weeks of class per session.
 - Session calendars can be found on gym brochures and newsletters.
 - Tuition is due ONE WEEK BEFORE the beginning of each session.
 - Failure to pay tuition one week before the beginning of the session may result in the loss of your child's spot in class.
- There are no discounts or refunds for missed classes.
 - If a student misses a class due to gym closure, illness or family emergency, he/she may do a make up within a two week period of the missed class, subject to availability.
- Accepted forms of payment include personal checks, money orders, credit and debit cards and cash.
 - Be sure to include the child's name on the check so it can be posted properly.
- A sibling discount of 10% is available and applies to the lower priced class (may not be combined with coupons or other promotions).



BOYS GYMNASTICS

Boys Preschool

1 hour classes for ages 4-6

Tuesday and/or Thursday 3:30 pm

One class per week \$65.00/month
Two classes per week \$97.00/month

Boys Beginning

1 hour classes for ages 6-9

Monday and/or Wednesday 4:00 pm

Monday and/or Wednesday 6:30 pm

One class per week \$65.00/month
Two classes per week \$97.00/month

Boys Intermediate

1.5 hour classes for ages 6-15

Monday and/or Wednesday 5:00 pm

One class per week \$87.00/month
Two classes per week \$127.00/month

Boys Advanced / Pre-Team

Two days, 1.5 hour classes for ages 6-15
Invitation Only

Wednesday 5:00 pm

Friday 4:00 pm

Two classes per week \$127.00/month

PRESCHOOL GYMNASTICS

Preschool Gymnastics 1

50 minute classes for ages 3-4

Monday, Tuesday, Wednesday

and/or Thursday 11:00 am

Tuesday 4:00 pm

Thursday 6:00 pm

Saturday 9:00 am

One class per week \$55.00/month

Two classes per week \$85.00/month

Preschool Gymnastics 2

50 minute classes for ages 4-5

Monday, Tuesday, Wednesday,

Thursday and/or Saturday 10:00 am

Tuesday 6:00 pm

Thursday 5:00 pm

One class per week \$55.00/month

Two classes per week \$85.00/month

Preschool Gymnastics 3

50 minute classes for ages 4-5 - Invitation Only

Tuesday, and/or Thursday 9:00 am

Tuesday 5:00 pm

One class per week \$55.00/month

Two classes per week \$85.00/month



Annual Registration Fee \$40.00

Includes annual administrative and overhead costs for ALL students. Sibling discounts available
Paid annually in January.

GIRLS GYMNASTICS

Girls Beginning

1 hour classes for ages 5-12

Monday and/or Wednesday 4:30 pm

Monday, Tuesday, Wednesday,

and/or Thursday 5:30 pm

Tuesday and/or Thursday 3:30 pm

Saturday 9:00 am

One class per week \$65.00/month

Two classes per week \$97.00/month

Girls Intermediate

1 hour classes for ages 5-12

Monday, Tuesday, Wednesday

and/or Thursday 6:30 pm

Tuesday and/or Thursday 4:30 pm

Saturday 10:00 am

One class per week \$65.00/month

Two classes per week \$97.00/month

Girls Advanced 1

1.5 hour classes for ages 6-13

Monday and/or Wednesday 4:00 pm

Tuesday and/or Thursday 4:30pm

Saturday 11:00 am

One class per week \$87.00/month

Two classes per week \$127.00/month

BIRTHDAY PARTIES!



Our fun-filled parties include 45 minutes of structured gymnastics and active games with one of our great coaches and 45 minutes of party time for 10 kids and the birthday person gets a special gift!

Our basic party is \$125.

Give us a call to schedule your party soon!

ALL-STAR CHEER

Our All-Star Cheer squads are **competitive teams** learning new skills and routines year-round. All-Star Cheer is a team sport that builds confidence and strength in a fun environment.

Mini All-Star Cheer

1.5 hour classes twice each week for ages 6-10

Monday and Wednesday 4:00 pm

Two classes per week \$72.00/month

Senior All-Star Cheer

2 hour classes twice each week for ages 11-18

Monday and Wednesday 5:30 pm

Two classes per week \$97.00/month

Tumbling for Cheer

1 hour class for ages 11-18

Monday and/or Wednesday 7:30 pm

Friday 4:00 pm

5:00pm

One class per week \$55.00/month

Two classes per week \$75.00/month



Didn't find what you were looking for?

We also offer a variety of classes for ages 2 through 12 through the city of Hillsboro Parks and Recreation Department. You can find the current catalog and register online at:

<http://www.ci.hillsboro.or.us/parksrec>.

You can also call Hillsboro Parks and Recreation for more information: 503-681-6120.

Preschool Open Play!

Fridays 11:30am-12:30pm

\$3 members / \$5 non-members

Reservations suggested. Please call 503-640-6378